

North Somerset Health & Wellbeing Board

Date of meeting: 5th March 2020

Agenda Item: 8

Title of report: **BNSSG Draft Mental Health and Well Being Strategy**

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1. Purpose of report

1.1 For information.

2. Recommendations

2.1 For the Health & Wellbeing Board to note the recommendations section in the strategy document (Annex 1)

3. Details

3.1 The board is invited:

- To discuss the Draft BNSSG Mental Health and Well Being strategy. The draft version is being shared with boards from all Healthier Together partner organisations to check alignment and commitment to the recommendations
- To identify areas that require further work to enable a presentation and submission to the Healthier Together Partnership board in early 2020. This will depend upon the level of further work required from the wider partner boards.

3.2 Feedback will be incorporated in to the strategy including a “you said, we did” section.

4. Policy and Legal Implications

4.1 This strategy aligns with the MH Five Year Forward View; Future in Mind (2015) and the NHS Long Term Plan

5. Risk Management

5.1 This strategy seeks to address the challenges we face as a system in supporting people with wellbeing and mental ill health.

6. Finance and Resource Implications

- 6.1 At this time, no financial implications have been calculated this is being undertaken through the work of the Long Term Plan deliverables.

7. Equality Implications

- 7.1 The needs and views of diverse groups of our population are being represented and will be reflected as part of this work.
- 7.2 The approach the strategy sets out is designed to reduce the inequalities faced by people experiencing mental ill health and reflects the needs of different elements of our population with an overarching ambition to reduce the 20 year mortality gap and avoidable death and harm.

8. Climate Change and Environmental Implications

- 8.1 None

9. Engagement Undertaken or required

- 9.1 The document has been co-produced and reflects the views of almost 1850 people. This has been achieved through a range of events, focus groups and editorial meetings and round table discussions. The coproduction element will continue through the remaining process of developing the draft to a final version.